

Insight

"Life is about doing the right things right."

Persuasion

"The right things" means making choices. "Doing right" is about our behaviour, knowledge and skills. How much time do you take for yourself? How often are you able to look at your choices and the effectiveness of your behaviour? We believe you should start by making space for yourself.

Promise

We help organizations and individuals in various ways to through serenity, space and signing. This can be done through a single meeting or through a multi-day program.

The TAKE5 program

Do you want more control over your life? Making choices in freedom? Are you able to shape your life with more energy? We will realize this together with you in four steps (during three two-day sessions). How? Watch our introductory video on the website or make a no-obligation appointment.

If you think TAKE5 is something for you or perhaps you know someone for whom this program is exactly what he or she needs? Then it is good to know a few things in advance.

1. TAKE5 is an individual and unique program. To get the maximum return from your investment, we take the time for you personally. So we work individually and not in groups.
2. We expect an open and investigative attitude from our candidates. Of course you can also expect that attitude from us.
3. Pay it forward: We donate part of your investment to charity. We will determine that beneficiary together with you.
4. You stay on the centrally located Parc Broekhuizen estate. (based on bed and breakfast)

At the end of your program you will have gained

- ✓ Insight into the origin and coherence of your choices
- ✓ Your personal choice-compass
- ✓ The knowledge and energy to adapt your behaviour to your choices