

TAKE FIVE

Insight

There is a lot to choose. That sometimes makes it difficult to make choices that suit you. You are distracted, seduced and perhaps sometimes misled. It certainly does not help that choices often have to be made under time pressure. Or at least you sometimes feel that you have to make choices under time pressure. That can cause tension. Individual tension and tension between people.

Conviction

Choices made in peace are often better choices for yourself or for your company. We think you should start by (re) making space for yourself. In order to keep looking critically at your own choices.

Promise

We help individuals in various ways to create peace, space and direction. This can be done by means of a short personal session or a more intensive personal process. In addition, we also offer tailor-made programs for companies that benefit from redefining their organization

TAKE FIVE concept

In four steps, we will work with five basic themes to find the origin and coherence between choices. The insights from the five themes together form a kind of compass. The compass ensures that you stay on course (or consciously change your course). Your personal compass will help you to relax and continue to make choices in the future. By making we mean not only the thinking process but also literally the creation process